The National Institute For The Study

Prevention and Treatment of Sexual Trauma

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The National Institute For The Study

Prevention and Treatment of Sexual Trauma

PATIENT NAME:

Mullis, GARY

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National -Institute for the Study, Prevention and Treatment of Sexual Trauma

104 E. Blddle Street Baltimore, MD 21202 Phone: (410) 539-1661 Fax: (410) 539-1664

Diametric FIRM & BUING BS, MA, MO, PRO, PA

Kattanya Indones, RH, MS

Physica Burket MA Pamera Carles, MSW. LCSW

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104 E. Biddle Street Baltimore, MD 21202 Phone: (410) 539-1661 Fax: (410) 539-1664

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Joseph Funrinadeck, MA, NCC, CPC
Andrea Kelso, RN, MS, CS
Shelly Lurie, RN, MS, CS
Katherine Meyers, BA, MA
Randi Miller, PhD
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Lus Rosell, MA

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H. Martin Malin, PhD, FACCS

Research Associate: Grey Lehne, PhD

Research Assistant Patricia Anthony, 8A

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Jonas Rappeport, MD Robert L. Spitzer, MD

Gary Ticknor, Esq.

Frank L. Valcor, MD

Henry N. Wagnet, Jr., MD Phyllis Ward, BA, MAT Progress Note

Patient Name: MUII3, JARY
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Administrative Stalf:

Maggie Rider Sharon Dean Bernadine Missouri

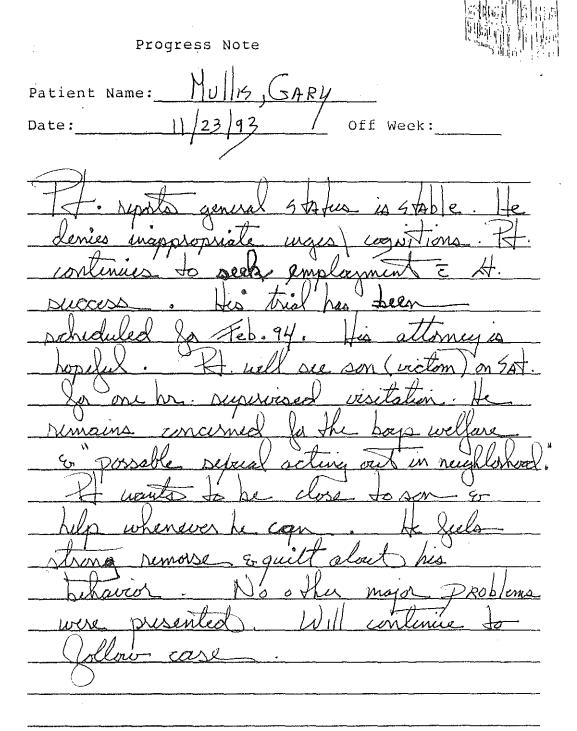
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Hon. Thomas J. Middleton Jerome G. Miller, OSW, LCSW John C. Nemiah, MD -P. Gayle O'Callaghan, PsyD Johas Rappeport, MO Robert L. Spruer, MO Gary Ticknor, Esq. Frunk E. Valcor, MD Henry N. Wagner, Jr., MD

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Therapist: Joseph Juhrmaneck MA, NCC, CPC, PA

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Phyllis Ward, BA, MAT

Progress	Note
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NATIONAL INSTITUTE FOR THE STUDY, PREVENTION AND TREATMENT OF SEXUAL TRAUMA INDIVIDUAL TREATMENT PLAN - SEXUAL DISORDERS PATIENTS

PATIENT'S NAME: GARY MU 14 9 M
DATE ITP COMPLETED: 3.8.49
DATE OF FIRST GROUP ATTENDANCE: 8.10.93
THERAPIST: Fuhrmanul
PATIENT'S LIVING ARRANGEMENTS: LIVES Z WITE
CONTACT PERSON (OPTIONAL): -
CURRENT MEDICATIONS: +
COLLATERAL TREATMENT: •
LEGAL STATUS: PRODUCTION
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The following five point system is meant to be an estimate of how much progress has been achieved on each goal and to direct treatment for the next six months.

PRIMARY GOALS OVERALL GOALS SPECIFIC OBJECTIVES METHODS

OVERALL GOALS	SPECIFIC OBJECTIVES	<u>METHODS</u>
1. Discontinue inappropriate sexual behavior. 1. 2. 3. 4 + 5. No progress Much progress	Admit to all inappropriate sexual behavior. Take responsibility for inappropriate sexual behavior.	Personal Inventory Ongoing self-disclosure Sexual history
Rating by therapist	Disclose inappropriate sexual fantasies, attitudes and beliefs.	Presenting sexual history to group Individual/group discussion of responsibility
Therapist comments:		

Case 3:13-cv-00121 Document 15-29 Filed in TXSD on 07/23/13 Page 10 of 25

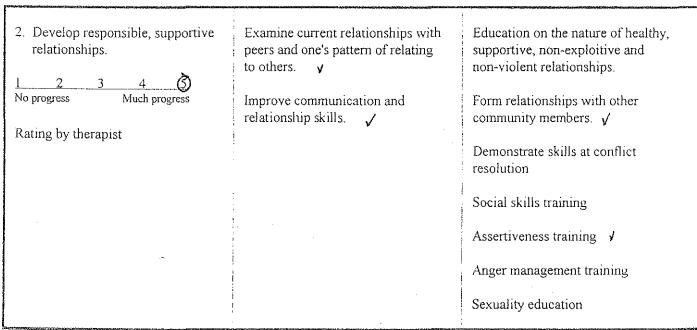
 Develop victim empathy and understanding of consequences of behavior. 	Demonstrate awareness of the impact of sexually inappropriate behavior upon victims.	Education on victim impact (lecture video, reading, etc.)
No progress Much progress	Build conscience; develop sense of guilt over wrongdoing.	Individual/group therapy to discuss victim impact
Rating by therapist	Make amends either indirectly or directly.	Explore one's inappropriate sexual behavior from the victim's perspecti
	Demonstrate ability to empathize	Letter to victim (if appropriate)
•	with others.	Family Therapy (if appropriate)
		7
Therapist comments:		
	Identify high risk situations (both external and internal).	Individual/group therapy addressing
Develop a relapse-prevention plan 1 2 3 4 + 5	Identify high risk situations (both external and internal). V Develop interventions to prevent progression to sexually inappropriate	Individual/group therapy addressing identification of high risk situations and development of interventions Relapse prevention education
Develop a relapse-prevention plan 1 2 3 4 + 5	Identify high risk situations (both external and internal). V Develop interventions to prevent	Individual/group therapy addressing identification of high risk situations and development of interventions
Develop a relapse-prevention plan 1 2 3 4 + 5 No progress Much progress	Identify high risk situations (both external and internal). V Develop interventions to prevent progression to sexually inappropriate	Individual/group therapy addressing identification of high risk situations and development of interventions Relapse prevention education

Case 3:13-cv-00121 Document 15-29 Filed in TXSD on 07/23/13 Page 11 of 25

NOTE: The following are considered additional goals, methods and objectives for sex offender treatment programming. They may be necessary and appropriate for some patients. (Note N/A if not applicable to patient.)

ADDITIONAL GOALS

OVERALL GOALS	SPECIFIC OBJECTIVES	METHODS
Address chemical dependency issues through twelve step program or other professional substance abuse treatment	Maintain abstinence from mood- altering chemicals.	Education about disease concepts of chemical dependency and other chemical dependency topics
program (for those who are chemically dependent).		Chemical dependency therapy group
1 2 3 4 5 No progress Much Progress		Chemical dependency assignments; chemical history; list of consequences
Rating by therapist.		of one's abuse of chemicals; self- assessment; completion of first five steps of AA/NA
		Involvement in AA/NA
		Urine for toxicology
		Ongoing twelve step work
		Medications
Therapist comments:		



Therapist comments:		
		-
3. Address family of origin work. 1 2 3 4 5 No progress Much progress Rating by therapist	Education on family of origin issues (include incest, adult children of alcoholics, etc.). Explore dynamics in family of origin. Become aware of and begin healing process surrounding issues in one's family of origin.	Individual/group therapy involving disclosure about family of origin and history of personal victimization Family therapy if possible and appropriate
Therapist comments:		
4. Address family/significant other issues. 1 2 3 4 5 No progress Much progress Rating by therapist Therapist comments:	Identify family/significant other issues, family/significant other goals. Work toward building family structure that will be supportive of patient's treatment goals and will allow confrontation of patient on negative or high-risk behaviors. Improve communication patterns within family, with significant other.	Letters to family, concerned relatives and friends Discussion of family issues/significant other in group therapy Family therapy Significant other/couples work
Therapist comments:		*
ADDITIONAL GOALS	SPECIFIC OBJECTIVES	METHODS
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PATIENT COMMENTS:	
I have read and understand this Individual Treatment Plan. Patient Signature	3 30/99 Date Signed
Denise G. Sawyer, Office Administrator Fred S. Berlin, M.D., Ph.D., Director	Date Signed Date Signed

NATIONAL INSTITUTE FOR THE STUDY, PREVENTION AND TREATMENT OF SEXUAL TRAUMA INDIVIDUAL TREATMENT PLAN - SEXUAL DISORDERS PATIENTS

4	1
PATIENT'S NAME: GARY HULLY	
DATE ITP COMPLETED: 1.20.98	
DATE OF FIRST GROUP ATTENDANCE: 8.10.92 90W	
THERAPIST: TUNBHAMECK	
PATIENT'S LIVING ARRANGEMENTS: LIVES & PARENT	
CONTACT PERSON (OPTIONAL):	
CURRENT MEDICATIONS: Ø	
COLLATERAL TREATMENT: Ø	
LEGAL STATUS: PROBATION	
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The following five point system is meant to be an estimate of how much progress has been achieved on each goal and to direct treatment for the next six months.

PRIMARY GOALS

OVERALL GOALS	SPECIFIC OBJECTIVES	METHODS
Discontinue inappropriate sexual behavior. 2 3	Admit to all inappropriate sexual behavior. Take responsibility for inappropriate sexual behavior.	Personal Inventory Ongoing self-disclosure Sexual history
Rating by therapist	Disclose inappropriate sexual fantasies, attitudes and beliefs.	Presenting sexual history to group Individual/group discussion of responsibility

2. Identify, challenge and change dysfunctional thinking patterns; e.g. denial, minimizations, etc. 1 2 3 4 5 No progress Much progress Rating by therapist	Identify defense mechanisms and thinking errors used to maintain dysfunctional thinking patterns. Reduce defensiveness which interferes with the therapy process. Revise cognitive distortions and dysfunctional thinking process and fantasies. Reduce inappropriate sexual arousal.	Individual/group therapy involving disclosure about assaultive/compulsive fantasies, thoughts and behaviors Personal Inventory Medication (as needed) Rational-emotive therapy (identifying cognitive distortions and irrational thoughts and developing more realistic and healthy ways of perceiving and thinking Education on defense mechanisms, criminal thinking, rational-emotive therapy, etc. Medication as needed
Therapist comments:		
3. Identify inappropriate sexual behavior pattern/cycle. 1 2 3 4 5 No Progress Much Progress Rating by therapist	Identify precursors to inappropriate sexual behavior (attitudes, emotions, thoughts, behaviors). Identify non-sexual motivations underlying inappropriate sexual behavior. Identify situational factors which may have contributed to inappropriate sexual behavior. Identify inappropriate sexual behavior and post-inappropropriate	Education on sexual disorders, paraphilias Individual/group therapy (practice ongoing self-disclosure, receiving/integrating feedback, listening to others, giving feedback) Sexual history Develop list of triggers.
Therapist comments:	sexual behavior thinking and behavior in detail. Disclose and discuss sexual fantasies, use of erotica, etc.	
Therapist comments:	behavior in detail. Disclose and discuss sexual fantasies,	

Case 3:13-cv-00121 Document 15-29 Filed in TXSD on 07/23/13 Page 18 of 25

4. Develop victim empathy and understanding of consequences of behavior.	Demonstrate awareness of the impact of sexually inappropriate behavior upon victims.	Education on victim impact (lectures, video, reading, etc.)
1 2 3 4 5 No progress Much progress	Build conscience; develop sense of guilt over wrongdoing.	Individual/group therapy to discuss victim impact
Rating by therapist	Make amends either indirectly or directly.	Explore one's inappropriate sexual behavior from the victim's perspective
e e e e e e e e e e e e e e e e e e e	Demonstrate ability to empathize with others.	Letter to victim (if appropriate)
		Family Therapy (if appropriate)
Develop a relapse-prevention plan	Identify high risk situations (both	Individual/group therapy addressing
	external and internal). 🗸	Individual/group therapy addressing identification of high risk situations and development of interventions
Develop a relapse-prevention plan 1 2 3 4 5 No progress Much progress		identification of high risk situations and development of interventions Relapse prevention education
1 2 3 4 5	external and internal). Develop interventions to prevent progression to sexually inappropriate	identification of high risk situations and development of interventions
1 2 3 4 5 No progress Much progress	external and internal). Develop interventions to prevent progression to sexually inappropriate behavior.	identification of high risk situations and development of interventions Relapse prevention education through lectures, workbooks, etc. Identify and develop a support

NOTE: The following are considered additional goals, methods and objectives for sex offender treatment programming. They may be necessary and appropriate for some patients. (Note N/A if not applicable to patient.)

ADDITIONAL GOALS

OVERALL GOALS	SPECIFIC OBJECTIVES	METHODS
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Address chemical dependency issues through twelve step program or other professional substance abuse treatment	Maintain abstinence from mood- altering chemicals.	Education about disease concepts of chemical dependency and other chemical dependency topics
program (for those who are chemically dependent).		Chemical dependency therapy group
1 2 3 4 5 No progress Much Progress Rating by therapist.		Chemical dependency assignments; chemical history; list of consequence of one's abuse of chemicals; self-assessment; completion of first five steps of AAVNA
		Involvement in AA/NA
		Urine for toxicology
		Ongoing twelve step work
	:	Medications
Therapist comments: \(\begin{align*} \begin{align*}		
2. Develop responsible, supportive relationships.	Examine current relationships with peers and one's pattern of relating to others.	Education on the nature of healthy, supportive, non-exploitive and non-violent relationships.
No progress Much progress	Improve communication and relationship skills. 🗸	Form relationships with other community members.
Rating by therapist		Demonstrate skills at conflict resolution
		Social skills training
-		Assertiveness training 🗸
		Anger management training
		Sexuality education

Therapist comments:		
3. Address family of origin work. 1 2 3 4 5 No progress Much progress Rating by therapist	Education on family of origin issues (include incest, adult children of alcoholics, etc.). Explore dynamics in family of origin. Become aware of and begin healing process surrounding issues in one's family of origin.	Individual/group therapy involving disclosure about family of origin and history of personal victimization Family therapy if possible and appropriate
Therapist comments:		
		4
Address family/significant other issues.	Identify family/significant other issues, family/significant other goals.	Letters to family, concerned relatives and friends
· · · · · · · · · · · · · · · · · · ·	Work toward building family structure that will be supportive of	· ·
issues.	issues, family/significant other goals. Work toward building family	and friends Discussion of family issues/significant other in group therapy Family therapy
issues. 1 2 3 4 5 No progress Much progress	Work toward building family structure that will be supportive of patient's treatment goals and will allow confrontation of patient on	and friends Discussion of family issues/significant other in group therapy
issues. 1 2 3 4 5 No progress Much progress	Work toward building family structure that will be supportive of patient's treatment goals and will allow confrontation of patient on negative or high-risk behaviors.	and friends Discussion of family issues/significant other in group therapy Family therapy
issues. 1 2 3 4 5 No progress Much progress Rating by therapist	Work toward building family structure that will be supportive of patient's treatment goals and will allow confrontation of patient on negative or high-risk behaviors.	and friends Discussion of family issues/significant other in group therapy Family therapy
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l	ADDITIONAL GOALS	SPECIFIC OBJECTIVES	METHODS	
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	by others.			

ADDITIONAL CONCERNS:	
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DISCUSSION OF TREATMENT PLAN WITH PATIENT	
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The discussion included the dierapediac goals and the persons respons	sole for treatments.
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Psychotherapist Signature	Date Signed
PATIENT COMMENTS:	LIVER ETTOUT FOR MY
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I have read and understand this Individual Treatment Plan.	(KC).
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Patient Signature \	Date Signed
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Maria C.P. Haine, M.D.	_7/0/70
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Mana C.I. Haile, W.D.	Date Signed 4-8-98